

2004 MIAC Women's Indoor Track & Field Athletes of the Week

February 17, 2004

Track - Augsburg College **Distance Medley Relay Team** - The Auggies DMR relay team of **Ellen Waldow** (So., Lansboro, Minn.), **Alanna Carter** (So., St. Paul, Minn.), **Hannah Dietrich** (Jr., Luverne, Minn.), and **Angela Bergeson** (So., Red Wing, Minn.) posted a time of 12:05.92 at the ISU Classic last weekend. This is a NCAA provisional qualifying mark and the top DIII time in the country so far this season.

Field - Concordia College senior **Renee Splichal** (Garrison, N.D.) became the first female at Concordia to break the 11-foot barrier in the pole vault. The senior cleared the bar at 11-1 (currently ranked 2nd in the MIAC) and finished second in the event in the Cobber Invitational last weekend. Her vault ranks 11th and provisionally qualifies her for the NCAA Division III national meet. She also finished sixth in the triple jump with a personal best distance, which ranks her fifth in the MIAC. Splichal, currently the top ranked pentathlete in the MIAC, also posted a 9.07 in the 55 hurdles (ranked 9th in the MIAC) and tied her high jump PR of 4-9.75.

February 10, 2004

Track - St. Olaf College senior Becky Peterson (Plymouth, Minn.) ran the 55 meter Hurdles at the Saint Mary's Invitational on Saturday Feb. 7th in a time of 8.56. Peterson's performance is an NCAA Provisional Mark and currently ranks her 9th in the country in this event and leads the MIAC conference.

Field - College of Saint Benedict sophomore duo of **Jenna Wendorff** (Fulda, Minn.) and **Patti Clintsman** (Maplewood, Minn.) were named co-field athletes of the week. Wendorf threw to an NCAA provisional qualifying mark in the shot put with a season best mark of 12.78 at the Carleton Triangular, Friday, February 6. This mark ranks her 13th in the nation. Clintsman won the long jump, posting a new school record with a jump of 5.35 meters. Clintsman was also 2nd in the 55m and 200m dashes at the meet.

February 3, 2004

Track - Concordia College sophomore **Angie Pfeiffer** (Colman, S.D.) won the trifecta of events in the 55 meters, 200 meters and 400 meters at the Cobber duals hosted by Concordia. First, Pfeiffer won the 400m with a MIAC leading time of 59.63, followed by a time of 7.41 in the 55m., which is #2 time in the MIAC. She concluded the day with a 26.25 in the 200 that leads the MIAC.

Field - Saint Mary's University first-year **Amanda Weinmann** (Rochester, Minn./Century) threw 11.78m to a second place finish at the UW-Stout Open to earn the MIAC Field event weekly honor.

January 27, 2004

Track - St. Olaf senior **Becky Peterson** (Plymouth, Minn.) ran to two first place finishes in the 55 meter hurdles and the 200 with times of 8.85 and 27.27, respectively at the St. Olaf Quadrangular, on Fri., Jan. 23. Both marks currently rank at the top in the MIAC. Peterson also placed first in the long jump (4.90m) and was a member of the winning 800m and 1600m relays.

Field - St. Thomas sophomore **Kristal Grigsby** (Minneapolis, Minn.) jumped 37'1" in the triple jump at the Eau Claire Blugold Open, on Fri., Jan. 23. Her conference leading performance in the triple jump is an NCAA provisional mark.

January 20, 2004

Track - Augsburg sophomore **Alanna Carter** (St. Paul, Minn.) ran 7.86 in the 60 meter dash at the Minnesota Open on Sat., Jan. 17. This is the top time in the MIAC this year and just .01 off the provisional national qualifying mark.

Field - None selected